

# Apex Gymnastics

## 2010 Summer Camp Registration

June 21 – August 6



◇ Week 1 -- June 21

**Gym Closed June 28 – July 3**

◇ Week 2 -- July 5

◇ Week 3 -- July 12

◇ Week 4 -- July 19

◇ Week 5 -- July 26

◇ Week 6 -- August 2

**Check the Diamond next to the Week and Camp Option you choose**

	CAMP OPTIONS	
Full Day	◇ \$200 / wk ◇ \$40 / day	◇ 9 a.m.— 4:30 p.m. <b>BRING MORNING &amp; AFTERNOON HEALTHY SNACK &amp; HEALTHY LUNCH</b>
Half Day	◇ \$140 / wk ◇ \$28 / day	◇ 9 a.m.— 12:30 p.m. <b>BRING HEALTHY SNACK</b> ◇ 1 p.m.—4:30 p.m. <b>BRING HEALTHY SNACK</b>
Early Drop off	◇ \$30 / wk ◇ \$6 / day	8:30 a.m. arrival
Late Pick Up	◇ \$30 / wk ◇ \$6 / day	5:00 p.m. dismissal
Early Drop off & Late Pick Up	◇ \$50 / wk ◇ \$10 / day	8:30 a.m. arrival and 5:00 p.m. dismissal

**DISCOUNTS!!!**  
**Sign up by April 30**  
**and Receive**  
  
**\$20/wk on Full Day**  
**\$10/wk on Half Day**

- **Child must be 4 yrs of age by August 1**
- **We accept Check or Credit Cards only**
- **Sibling Discount: \$10 per week**

**Child #1 Name:** \_\_\_\_\_

**Age:** \_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Sex** \_\_\_\_\_

**Child #2 Name:** \_\_\_\_\_

**Age:** \_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Sex** \_\_\_\_\_

**Child #3 Name:** \_\_\_\_\_

**Age:** \_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Sex** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Home #** \_\_\_\_\_ **Cell #** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**How did you hear about us?** \_\_\_\_\_

[www.apexgymnastics.com](http://www.apexgymnastics.com) 919-303-7976

### Waiver & Medical Information

The undersigned acknowledges the existence of certain inherent risks in this type of training and hereby agrees to assume all risks him/herself. He/she further relieves Apex Gymnastics, its management, assigned instructors, and all others concerned from any liability resulting from personal injury and/or loss of personal property. The student acknowledges that rules and regulations governing the institute have been adopted and may be changed from time to time, and the student/parent/guardian agrees to abide by all such rules and regulations adopted, including the time scheduled for instruction and use of the club as posted.

Please check one of the following:

\_\_\_\_ Yes, I give permission to use any photographs of my child for promotional materials.

\_\_\_\_ No, I do not give permission to use any photographs of my child for promotional materials.

- Does your child have a chronic condition (i.e. Asthma, ADD/ADHD) that requires medication? If yes, please explain: \_\_\_\_\_
- Has your child had an injury (i.e. broken bone, severe sprain) within the last 12 months? If yes, please explain: \_\_\_\_\_
- Does your child have any allergies? (drug allergies, food allergies, wasps) \_\_\_\_\_

Parent hereby stipulates that child is physically sound and has medical approval to proceed with classes. I agree to the above membership policies and all gym policies.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

## **DAILY CAMP SCHEDULE**

**8:30 – 9:00 a.m. Early Drop Off (Quiet Time)**

### **MORNING HALF DAY / FULL DAY SCHEDULE**

**9:00 – 9:30 a.m. Warm-Up / Stretching**

**9:30 – 10:00 a.m. Event (bars, beam, floor or vault)**

**10:00 – 10:15 a.m. Games (i.e., jump the creek, natural disaster, etc.)**

**10:15 – 10:30 a.m. Snack Time**

**10:30 – 11:00 a.m. Crafts**

**11:00 – 11:30 a.m. Games**

**11:30 a.m. – 12:00 p.m. Event (tumble trak, trampoline, pit / pit bar, etc)**

**12:00 – 12:30 p.m. Event (bars, beam, floor or vault)**

### **END OF MORNING HALF DAY**

**12:30 – 1:00 p.m. Lunch for Full Day Campers**

### **AFTERNOON HALF DAY / FULL DAY SCHEDULE**

**1:00 – 1:30 p.m. Warm-Up / Stretching**

**1:30 – 2:00 p.m. Event (bars, beam, floor or vault)**

**2:00 – 2:15 p.m. Games (i.e., jump the creek, natural disaster, etc.)**

**2:15 – 2:30 p.m. Snack Time**

**2:30 – 3:00 p.m. Crafts**

**3:00 – 3:30 p.m. Games**

**3:30 – 4:00 p.m. Event (tumble trak, trampoline, pit / pit bar, etc)**

**4:00 – 4:30 p.m. Event (bars, beam, floor or vault)**

### **END OF AFTERNOON DAY AND FULL DAY**

**4:30 – 5:00 p.m. Late Pick-Up (Quiet Time)**

**Our mission is to provide a safe and disciplined environment where children are challenged and engaged while learning gymnastics and having fun at the same time!**

- **Deposit of \$50 per week / per child must accompany Camp Registration Form. All deposits are non-refundable.**
- **Balance of camp fee is to be paid in full the 1<sup>st</sup> day of each camp week.**
- **We reserve the right to cancel any camp week that does not have at least 5 children enrolled. (Non-refundable deposits will be refunded.)**
- **During a typical day of camp your child will participate in gymnastics, games, obstacle courses, crafts and outdoor activities (weather permitting).**
- **Parents must sign their children in & out each day. Bring a signed note if someone other than a parent will pick your child up from camp.**
- **Preschoolers must be fully potty trained (bring extra change of clothes daily).**
- **Campers should dress comfortably for a wide variety of activities. T-shirts, shorts & sneakers are great. Leotards, of course, are fine. Please leave all jewelry at home. If your camper has long hair, have it pulled back in a ponytail.**

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**