

# DAILY CAMP SCHEDULE

**8:30 – 9:00 a.m. Early Drop Off (Quiet Time)**

## **MORNING HALF DAY / FULL DAY SCHEDULE**

**9:00 – 9:30 a.m. Warm-Up / Stretching**  
**9:30 – 10:00 a.m. Event (bars, beam, floor, or vault)**  
**10:00 – 10:15 a.m. Games (i.e., jump the creek, natural disaster, etc.)**  
**10:15 – 10:30 a.m. Snack Time**  
**10:30 – 11:00 a.m. Crafts**  
**11:00 – 11:30 a.m. Games**  
**11:30 a.m. – 12:00 p.m. Event (tumble trak, trampoline, pit / pit bar, etc.)**  
**12:00 – 12:30 p.m. Event (bars, beam, floor, or vault)**

## **END OF MORNING HALF DAY**

**12:30 – 1:00 p.m. Lunch for Full Day Campers**

## **AFTERNOON HALF DAY / FULL DAY SCHEDULE**

**1:00 – 1:30 p.m. Warm-Up / Stretching**  
**1:30 – 2:00 p.m. Event (bars, beam, floor, or vault)**  
**2:00 – 2:15 p.m. Games (i.e., jump the creek, natural disaster, etc.)**  
**2:15 – 2:30 p.m. Snack Time**  
**2:30 – 3:00 p.m. Crafts**  
**3:00 – 3:30 p.m. Games**  
**3:30 – 4:00 p.m. Event (tumble trak, trampoline, pit / pit bar, etc.)**  
**4:00 – 4:30 p.m. Event (bars, beam, floor, or vault)**

## **END OF AFTERNOON DAY AND FULL DAY**

**4:30 – 5:00 p.m. Late Pick-Up (Quiet Time)**

**Our mission is to provide a safe and disciplined environment where children are challenged and engaged while learning gymnastics and having fun at the same time!**

- **Deposit of \$50 per week / per child must accompany Camp Registration Form. All deposits are non-refundable.**
- **Balance of camp fee is to be paid in full the 1<sup>st</sup> day of each camp week.**
- **We reserve the right to cancel any camp week that does not have at least 5 children enrolled. (Non-refundable deposits will be refunded.)**
- **During a typical day of camp your child will participate in gymnastics, games, obstacle courses, crafts and outdoor activities (weather permitting).**
- **Bring a signed note if someone other than a parent will pick up your child from camp.**
- **Preschoolers must be fully potty trained (bring extra change of clothes each day).**
- **Campers should dress comfortably for a wide variety of activities. T-shirts, shorts & sneakers are great. Leotards, of course, are fine. Please leave all jewelry at home. If your camper has long hair, have it pulled back in a ponytail.**